



Dear Parents and Pupils,

Examinations and Tests continue this week. Please take note that full academic classes will resume on Monday 15th November for Grade 8 to Grade 11. Parents, please encourage your children to attend school until the last day. They still have school work that needs to be done which helps them for their following academic year.

I know that you have... focus and ability
I know that you have... patience and stability
Your personality has... these wonderful virtues
For your big exams... I wish luck to you



Tugs at my heart....Love this **By Andrea Chesterman-Smith**

Take my hand and come with me,
I want to teach you about ADHD.
I need you to know, I want to explain,
I have a very different brain.
Sights, sounds and thoughts collide.
What to do first? I can't decide.
Please understand I'm not to blame,
I just can't process things the same.
Take my hand and walk with me,
Let me show you about ADHD.
I try to behave, I want to be good,
But I sometimes forget to do as I should.
Walk with me and wear my shoes,
You'll see it's not the way I'd choose.
I do know what I'm supposed to do,
But my brain is slow getting the message through.
Take my hand and talk with me,
I want to tell you about ADHD.
I rarely think before I talk,
I often run when I should walk.
It's hard to get my school work done,
My thoughts are outside having fun.
I never know just where to start,
I think with my feelings and see with my heart.
Take my hand and stand by me,
I need you to know about ADHD.
It's hard to explain but I want you to know, I can't help
letting my feelings show.

Sometimes I'm angry, jealous, or sad.
I feel overwhelmed, frustrated, and mad.
I can't concentrate and I lose all my stuff.
I try really hard but it's never enough.
Take my hand and learn with me,
We need to know more about ADHD.
I worry a lot about getting things wrong, Everything I do
takes twice as long.
Every day is exhausting for me...
Looking through the fog of ADHD.
I'm often so misunderstood,
I would change in a heartbeat if I could.
Take my hand and listen to me,
I want to share a secret about ADHD.
I want you to know there is more to me.
I'm not defined by it, you see.
I'm sensitive, kind and lots of fun.
I'm blamed for things I haven't done.
I'm the most loyal friend you'll ever know I just need a
chance to let it show.
Take my hand and look at me,
Just forget about the ADHD.
I have real feelings just like you.
The love in my heart is just as true.
I may have a brain that can never rest,
But please understand I'm trying my best.
I want you to know, I need you to see,
I'm more than the label, I am still me!!!!

Outreach, "Service before Self"

Our 4th term Outreach

For our dedicated caretakers of Wendon Academy.

They are - Favourite, Sindy & Clarence

Please can we all remember our dedicated caretakers who constantly maintain cleanliness and sanitisation within our school property. What would we do without them? Let us show our gratitude by sending in the following consumables by **Grade or a cash donation would be greatly appreciated** by 24th November.

INTERMEDIATES	SENIORS	GRADE 8	GRADE 9	GRADE 10	GRADE 11	GRADE 12
Washing Powder Coffee Sweets Baked Beans Oil Flour Long life Milk Tuna Tins Face Cloth Mealie Meal Biscuits	Sugar Biscuits Jam Long life Milk Tinned Fruit Tea Peanut Butter Washing Powder Oats Rice Sweets	Rice Mealie Meal Baked Beans Sugar Oil Rusks Biscuits Oats Coffee Dishwashing Liquid Long Life Milk	Long life Milk Biscuits Sweets Oil Rice Rusks Flour Dishwashing liquid Toothpaste Baked Beans Peanut Butter	Bath Soap Tinned Veg Tinned Fruit Rice Mealie Meal Washing powder Salt Baked Beans Tinned Tuna Biscuits Sweets	Rice Mealie Meal Baked Beans Sugar Oil Tea Biscuits Peanut Butter Coffee Jam Dishwashing Liquid	Mealie Meal Sweets Biscuits Dishwashing liquid Toothpaste Rice Washing Powder Peanut Butter Jam Long Life Milk Oil

Calendar of Events

November

Friday 5 th to Friday 12 th	High School Tests & Examinations	Timetables below
Wednesday 10 th	Final collection of Stationery orders by Waltons	Final submission
Wednesday 17 th	Waltons Stationery Collections	Parents to collect
Wednesday 24 th	Donations for School Caretakers	Final collection
Friday 26 th	Year End Braai	
Monday 29 th	Prize Giving – Intermediate and Senior Class End of Term 4 for Primary School	08h15 to 09h15
Tuesday 30 th	High School Prize Giving – Grade 8, 9, 10, 11 & 12 End of Term 4 for High School	08h30 to 10h00

Please check the newsletter weekly for any changes to the calendar

Waltons Stationery Orders

Thank you to all the families who have sent their Waltons Stationery orders through the school.

Last opportunity send your order in is **Tomorrow, 10th November.**

Invoices will be sent to you via email by Waltons

Collection of stationery with **proof of payment** from Wednesday 17th November

*“Your Life is Your Story, write it well,
edit often.”
– Unknown*

Be safe and please take care.

Special regards,

**Mrs Wendy Hicks
Managing Director**

*EVERYBODY IS SOMEBODY
GIVE A GIFT*

The gift of **Work**

The gift of **Money**

The gift of **Friends**

The gift of **Learning**

The gift of **Family**

The gift of **Laughter**

The gift of **Dreams**

The gift of **Giving**

The gift of **Gratitude**

The gift of **a Day**

The gift of **Working through problems**

The gift of **Love**